



Presents
Friday January 14, 2022
9:30am, Clubhouse 5
(In person meeting)

COME LEARN ABOUT WHAT THESE ORGANIZATIONS ARE DOING TO HELP PEOPLE IN OUR COMMUNITY AND FIND OUT WHAT YOU CAN DO TO HELP.

Friendship Shelter

We provide a full complement of services to the most vulnerable homeless people in our community, and are focused on finding the most appropriate permanent housing solution for each individual.

Laura's House

Through the comprehensive domestic violence programs and services at Laura's House, victims of domestic violence receive the time and the tools necessary to live healthy, independent, and violence-free lives.

Meals on Wheels

To empower local community programs to improve the health and quality of life of the seniors they serve so that no one is left hungry or isolated.

MOMS

MOMS Orange County programs are aimed at disrupting the combined dynamics of poverty, lack of health insurance, and barriers to care. Helping mothers deliver their babies as healthy as possible and teaching them to stimulate strong infant development.

Share our Services

We are servants who provide care and assistance to those in need and act as advocates for systemic change.

South County Outreach

Preventing hunger and homelessness by helping people help themselves.

Questions about the program: Contact Linda Mendelsohn 949-309-1442

Members Free

Guests \$3.00 donation

9:30 am - bagels & cream cheese, coffee and conversation

10:00 am - program

Advocacy: Organizations we support: (see above)

Please bring toiletries, hats, gloves, and socks which will be distributed among our visiting guests.

Items for newborns will also be appreciated.

For Laguna Woods residents and their guests only.

Proof of vaccination required and masks must be worn.

NCJW Officers 2021-2022

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Corresponding Secretary	Barbara Landsman
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National Council of Jewish Women.

Editor/Circulation	Robin Lipton
Proofreader	Arline Spindell

Mission Statement

The National Council of Jewish Women (NCJW) is a grassroots organization of volunteers and advocates who turn progressive ideals into action. Inspired by Jewish values, NCJW strives for social justice by improving the quality of life for women, children, and families and by safeguarding individual rights and freedoms.

President's Message

by Sharon Beck, President
morshar2@yahoo.com



I hope you are all well and have been able to celebrate the holidays with family and friends. While we are still limited in terms of travel and being together in large groups, it is important for your own good health to be able to socialize. One way to socialize is to come out to meetings to see old and new friends.

As a member of NCJW you have helped us give donations to many organizations helping women, children and families. We want to continue this work, so your donations are very important.

“Our 180,000 members, 60 sections, State Policy Advocacy Network, and seven Action Teams use our Theory of Change to accomplish this: meaningful education, combined with progressive and feminist advocacy, and dedicated community service results in impactful transformation on local, state, and federal levels.”

Right now, nationally, we are very concerned about abortion rights. ***“The Women’s Health Protection Act*** (WHPA) would create a new tool for safeguarding access to high-quality care and securing constitutional rights by protecting patients and providers from this dangerous political interference. The bill passed the House in a historic vote on September 24, and now awaits Senate approval.” ***It is important that you tell your senators you support this bill.*** They need to hear what is important to constituents.

Last month, we celebrated a late Chanukah with a show by Bogart & Boyd. Jelly doughnuts were a great hit! It was a time to laugh and have fun.

This month we have a panel of representatives from the charities we support to tell you about their organizations and how we can be helpful.

In February, we will have our annual game day. Bring your partners, your friends and your games. Along with snacks, there will be lunch by Jolanda. This is always a great day for all.

Finally, we need your help. Contact me at 949-380-1010 to let me know what you would like to do.

Remember: “Each friend represents a world in us, a world possibly not born until they arrive.” Anais Nin

Advocacy

by Linda Mendelsohn

Support WHPA (Women's Health Protection Act)

Much has happened on the judicial abortion front, from the Supreme Court to local governments. Passing the WHPA would be a big step forward in our fight for justice for women to have autonomy over their own bodies. We must be and will be on the offensive.

NCJW sent out this Blast and I wanted to share it with you.

The issue: Since 2011, state lawmakers have passed nearly 500 abortion bans and restrictions. These oppressive laws most harm women, Black, Indigenous and People of Color (BIPOC); those working to make ends meet; members of the LGBTQI+ community; immigrants; young people; those living in rural communities; and people with disabilities.

The good news: The Women's Health Protection Act (WHPA) would create a new tool for safeguarding access to high-quality care and securing constitutional rights by protecting patients and providers from this dangerous political interference. The bill passed the House in a historic vote on September 24, and now awaits Senate approval.

Our task: Urge your senators to pass WHPA. Even though the bill may not pass this year, it's important to get our lawmakers on the record about supporting access to abortion.

When you click on [TAKE ACTION NOW](#) it will take you to the NCJW page to send a letter to Senator Barbara Feinstein and Senator Alex Padilla. They fill in the necessary information. Even though both of our Senators support our efforts, they need to hear from us to continue the fight.

Our Section was one of the first to sign on to 73Forward which is NCJW's latest attempt to influence the votes of Senators in the fight for abortion rights. Shira Zemel, co-director of 73Forward wrote:

"We are thrilled to welcome our first 18 official 73Forward Sections: Atlanta, Austin, Chicago North Shore, Cleveland, Gr Dallas, Essex, Louisville, Michigan, Minnesota, Gr Philadelphia, Pittsburgh, Saddleback, Sarasota Manatee, Sacramento, SE Atlantic, St. Louis, Valencia Shores and Peninsula."

Together we will make a difference!

Israel Report

by Diane Levin

Three thousand Israel supporters at the Florida summit The Israeli-American Council's (IAC) 2021 National Summit in Hollywood Florida became "little Tel Aviv" as three thousand participants enjoyed a weekend of music, culture, and discussions. All were Covid-19 tested, and the communal Shabbat dinner was held on the poolside terrace.

World para-Taekwondo champion Israel's Assaf Yasur (19) won Gold at the World Para Taekwondo Championships in Istanbul. Yasur, who lost both his arms below the elbow six years ago, beat Turkey's Qli Can Ozcan by 57-42 points to win the under 58kg category. In the semi-final he beat the European champion.

Record funds for Israeli tech Investments, takeovers, and stock market offerings have netted over \$107 billion for Israeli tech companies so far in 2021 - over three times that in 2020.

Massive indoor vertical farm Israeli-founded, Israeli-Dutch startup Future Crops has developed the first indoor vertical farming system that grows its crops in a unique soil substrate composition. The fully automated 8,000sqm indoor vertical farm is installed in Westland, Netherlands.

Smart shopping trolleys for Israel Israeli supermarket chain Shufersal is deploying the smart shopping trolleys from Israel's Shopic at 200 of its largest stores starting 2022. Computer vision tracks when customers add and remove items from their shopping cart and allows them to skip the checkout.

Partnering the US to combat ransomware The U.S. Treasury Department is expanding cooperation with Israel to combat the threat of ransomware. It is to set up a U.S.-Israeli Task Force on Fintech Innovation and Cybersecurity. The Treasury will also send delegates to the CyberTech Global Tel Aviv conference in January.

App rewards trash removers Israeli startup Clean Coin encourages the public to pick up litter by paying them virtual currency "clean coins". These can be exchanged for cash, store discounts or donated to charity. Users can also earn coins when they map trash, sort it, or transport it to recycling centers.

Improvate One of the key events in Jerusalem during Chanukah was the first Improvate International Innovation Forum on Nov 29 - the anniversary of the 1947 UN vote that led to the establishment of the State of Israel. The Forum showcased Israeli future technology to hundreds of world finance leaders.

A tech park for Israeli Arabs Israel is to build a high-tech park in Nazareth - a first of its kind for Israel's Arab sector. The 10-acre NIS (New Israeli Shekels) 21 million park will be built in Nazareth's industrial zone, house industrial plants and employ some 200 high-tech employees.

Breakthrough of the Year award Dr. Shlomi Kotler of the Hebrew University of Jerusalem is one of the winners of UK Institute of Physics' "Physics World's 2021 Breakthrough of the Year Award". The work of Dr Kotler's team advances the development of quantum networks – the future of computation and communication.

A million vaccines for Africa The Israeli government is donating 1 million AstraZeneca coronavirus vaccines to the UN-backed COVAX program, which distributes shots to poorer countries. (N.B. Haaretz says it's 2.5 million vaccines.) The government stated that the vaccines will reach close to a quarter of African countries.

Aid to victims of Kentucky tornadoes Volunteers from Israeli NGO SmartAID are helping to set up a coordination center for emergency workers in Mayfield and Benton, Kentucky, which were hit hard by recent tornadoes. Another Israeli NGO, IsraAID, is helping with the recovery and clean-up efforts.

More help for Rwanda The Embassy of Israel in Rwanda has donated another twenty cows to vulnerable families in Rwanda – this time in Rulindo District. It has also donated \$100,000 to purchase computers and other devices for teachers whose schools are being connected to the internet.

Free health clinic for underprivileged in Delhi The Embassy of Israel, in partnership with a medical delegation from Tel Aviv Sourasky (Ichilov) Medical Centre, organized women's health clinics in urban slums of South Delhi and North Delhi. The clinics provided free tests, check-ups, and medicines.

First responders with disabilities Dec 3rd was International Day of Persons with Disabilities 2021. Israeli emergency service United Hatzalah has highlighted some of the inspiring men and women who, despite their disabilities, continue to rush out and save lives in an effort to help those around them whenever they are needed. <https://israelrescue.org/blog/overcoming-disability-as-a-first-responder/>

Award for helping hands Professor Alon Wolf, of the Israel Technion Institute Faculty of Mechanical Engineering, has won the Variety Israel Prize for Breakthroughs in Science and Technology award. His lab's Helping Hands Project provides disabled children with bionic hands

Targeting a cause of ALS Scientists at Tel Aviv University have developed an experimental molecule that breaks down the protein TDP-43, a key cause of ALS (Lou Gehrig's disease). TDP-43 causes motor neurons to degenerate. The new molecule enables motor neuron activity to be restored and opens the door to an ALS cure.

Slowing dementia Tel Aviv University scientists have made progress in developing a treatment using the NAP peptide to counter Alzheimer's and other neurological conditions. Their new compound dramatically decreased the excessive buildup of the protein tau, which misfolds in Alzheimer's patients.

Blood test for early cancer detection An Israeli-led team of scientists have developed a blood test that analyzes fragments of DNA to determine the impact of the immune system. The test is like a liquid biopsy and can detect cancer early in remote tissues, e.g., bone marrow, lymph nodes and other organs.

Smart bandage to heal wounds Professor Hossam Haick's lab at Israel's Technion Institute) has developed a smart suture-less dressing that binds the edges of a wound together, wards off infection, and even digitally reports on the wound's condition to the surgeon.

SUPPORT MOMS of Orange County

Bring these items to January meeting

- Toddler and Infant disposable diapers,
- Formula,
- Gift cards to Walmart or Target,
- Groceries,
- Cash Donations, and
- Hand-made knitted/crocheted baby blankets and hats.

We will have a table for displaying items, and Ginny Frogel will be explaining what MOMS does in the community.

WELCOME New Members

- Mort Beck
- Marilyn Chadwick
- Janet Crowther
- Sandra Elias
- Roberta Feinsmith
- Sunny Haberman
- Marti Hack
- Rosalyn Kline
- Kathy Mulvaney
- Judy Perlman



National Council of Jewish Women
Saddleback section presents



Game Day

Friday, February 11, 2022
Clubhouse Five

10:00 am \$22



Game _____

Players _____

Box Lunch by Jolanda

Bring your own games

Please list your game and names of your players with your checks.

Please send your **\$22 check, payable to NCJW, to:**

**Eileen Garbutt; 3212 Via Carrizo Unit C
Laguna Woods 92637.**

Your check is your reservation.

Your tax deductible donation helps NCJW to benefit women and children.

Any questions call: Eileen Garbutt 949-422-3308

For Laguna Woods residents and their guests only.

Proof of vaccination required.

Masks required per California mandate



Rec. Dept. Approved D. Alcala

President Joe Biden	Phone 202-456-2461 Website President.whitehouse.gov
U.S. Senator Alex Padilla	Phone 202-224-3553 Website Padilla.senate.gov
U.S. Senator Dianne Feinstein	Phone 202-224-3841 310-914-7300 Website Feinstein.senate.gov
U.S. Representative Katie Porter 45th District	Phone 202-225-5611 Website Porter.house.gov
Governor Gavin Newsom	Phone 916-445-2841 Website Gov.ca.gov
State Senate John Moorlach 37th District	Phone 916-651-4037 Phone 714-662-6050 Website Moorlach.cssrc.us
State Assembly Cottie Petrie-Norris 74th District	Phone 916-319-2074 Phone 949-251-0074 Website a74.asmdc.org

If you need help with
**Elder Abuse or Domestic
Violence** call
The National Domestic
Violence Hotline
1 (800) 799-7233

ACT

Please take time to visit ncjw.org. The importance of the ACT (Action) button on the ncjw.org website cannot be stressed enough. When the orange rectangular box is clicked, you will be taken to “Take Action.” Scroll down to see at least a dozen things you can do to help in areas that are part of our mission statement. You may sign petitions and send messages to our California Senate and House members. Counts are taken to see how strongly their constituents feel about a particular topic or bill. Since we are 90,000 members strong all across the U.S., our voices will be heard loud and clear.

Tribute Cards

Tribute cards can be purchased through
Rhona Ginsberg:
460-226-5495, rhonabridge@gmail.com

Community Services

Reminder: please don't bring clothing to the meetings. Call the chairpeople to make arrangements.

Friendship Shelter

Chair: Bobby Rosenfeld 583-1895
Bed linens, towels, blankets and unopened toiletries.

South County Outreach

Chair: Rabbi Joseph Mendelsohn 309-1564
Clothing and household items.

Laura's House (for abused women and children)

Chair: Linda Berkowitz 859-2775
Gently used clothing and household goods
Laura's House Resale Store

Meals on Wheels

Chair: TBD
Drivers needed for one and a half hours each month
to deliver meals within Laguna Woods Village.

SOS

Chair: Diane Levin 380-1179
Unopened toiletries, baby clothes, and children's
books and games.

MOMS Orange County

Chair: Ginny Frogel 858-220-4617